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The Best of Every Season

Quick Start Cabbage

Brassica oleracea var. capitata 'Quick Start'



Quick Start Cabbage fruit
Photo courtesy of NetPS Plant Finder

Height: 14 inches

Spread: 18 inches

Sunlight:

Hardiness Zone: (annual)

Description:

An extra early maturing, vigorous variety with great uniformity; averaging 3lbs a head, this green ball head type has a delicious sweet and crunchy flavor; superb for roasting, braising, coleslaws and salads; great choice for container growing

Edible Qualities

Quick Start Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The round green tightly-wrapped heads of foliage are typically harvested when mature. The heads have a pleasant taste and a crisp texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

Planting & Growing

Quick Start Cabbage will grow to be about 14 inches tall at maturity, with a spread of 18 inches. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.

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Quick Start Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.